

# Resultatliste

## Gjerdrumsløpet 2007

17.06.2007

Class	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D11-12</b>		<b>1,88 KM</b>				
1	Kaja Winsnes Nordhagen	Ås-UMB Orientering	0	<b>14:35</b>		07:45
2	Thea Jahren Herud	Fossum IF	0	<b>15:41</b>	01:06	08:20
3	Mari Vegheim	Raumar OL	0	<b>17:17</b>	02:42	09:11
4	Vilde Kinneberg	Raumar OL	0	<b>17:21</b>	02:46	09:13
5	Ingvild Brekke	Lillomarka OL	0	<b>19:42</b>	05:07	10:28
6	Ane Blomseth Johnsen	Ås-UMB Orientering	0	<b>19:45</b>	05:10	10:30
7	Ingrid Gulbrandsen	Asker SK	0	<b>19:55</b>	05:20	10:35
8	Kaja Bråten Løvald	Asker SK	0	<b>21:52</b>	07:17	11:37
9	Helene Kjeldsberg	Raumar OL	0	<b>22:02</b>	07:27	11:43
10	Karoline Sønsterudbråten	Raumar OL	0	<b>22:22</b>	07:47	11:53
11	Lene Engedal Bostad	Fossum IF	0	<b>22:24</b>	07:49	11:54
12	Signe Olsbø	Østmarka OK	0	<b>24:24</b>	09:49	12:58
13	Martine Bergundhaugen Bratlie	Østmarka OK	0	<b>26:04</b>	11:29	13:51
14	Hanna Eide Solstad	Tyrving, IL	0	<b>27:38</b>	13:03	14:41
15	Sara Angell Bakke	Lillomarka OL	0	<b>27:43</b>	13:08	14:44
16	eline horne	Tyrving, IL	0	<b>47:55</b>	33:20	25:29
DSQ	Anne Marte Schei	Kolbotn & Skimt OL	0	<b>20:32</b>		DSQ Missed 146
Antall	17	Påmeldte: 19	Startende: 17	Ant. poster 11	Premier: 16	

<b>D13-14</b>		<b>2,2 KM</b>				
1	Gunvor Hov Høydal	Fossum IF	0	<b>22:54</b>		10:24
2	Julie Størmer	Fossum IF	0	<b>22:55</b>	00:01	10:25
3	Malin Eijsink	Ås-UMB Orientering	0	<b>23:58</b>	01:04	10:53
4	Line Maria Haugen Melby	Raumar OL	0	<b>24:06</b>	01:12	10:57
5	Thilde Christiansen	Raumar OL	0	<b>25:08</b>	02:14	11:25
6	Hedvig Åstebøl	Oppsal IF Orientering	0	<b>26:35</b>	03:41	12:05
7	Siri Kollerud	Lillomarka OL	0	<b>27:32</b>	04:38	12:30
8	Solveig Benum Vestre	Fossum IF	0	<b>28:48</b>	05:54	13:05
9	Helene Uhlen Maurset	Ås-UMB Orientering	0	<b>29:59</b>	07:05	13:37
10	Anniken Gjerde Alnæs	Raumar OL	0	<b>30:00</b>	07:06	13:38
11	Solveig Blindheim	Lillomarka OL	0	<b>30:35</b>	07:41	13:54
12	Ida Jahren Helrud	Fossum IF	0	<b>30:58</b>	08:04	14:04
13	Jenny Andreassen Moe	Ås-UMB Orientering	0	<b>31:53</b>	08:59	14:29
14	Marit Bjerkreim	Fossum IF	0	<b>34:22</b>	11:28	15:37
15	Margrethe Hemstad	Fossum IF	0	<b>45:34</b>	22:40	20:42
16	Julie Bergh	Oppsal IF Orientering	0	<b>45:39</b>	22:45	20:45
17	Vilde Johnson Joranger	Fossum IF	0	<b>1:03:01</b>	40:07	28:38
18	Thea Ørbeck	Raumar OL	0	<b>1:04:05</b>	41:11	29:07
DSQ	Anna Olsbø	Østmarka OK	0	<b>18:44</b>		DSQ
Antall	19	Påmeldte: 23	Startende: 19	Ant. poster 12		

<b>D15-16</b>		<b>3,06 KM</b>				
1	Ragnhild Haga	Raumar OL	0	<b>27:10</b>		08:52
2	Trine Breen	Raumar OL	0	<b>28:20</b>	01:10	09:15
3	Silje Uhlen Maurset	Ås-UMB Orientering	0	<b>31:13</b>	04:03	10:12
4	Ida Byom-Nilssen	Kolbotn & Skimt OL	0	<b>33:08</b>	05:58	10:49
5	Kirsty Coombs	Nydalens SK	0	<b>33:36</b>	06:26	10:58
6	Kathrine Kalager	Asker SK	0	<b>34:05</b>	06:55	11:08
7	Guro Isachsen	Asker SK	0	<b>34:14</b>	07:04	11:11
8	Anne-Tine Markset	Koll, IL	0	<b>34:48</b>	07:38	11:22
9	vilde naja Moi	Østmarka OK	0	<b>35:45</b>	08:35	11:40
10	Marianne Engseth	Tyrving, IL	0	<b>37:54</b>	10:44	12:23
11	Anna Rosenberg	Nittedal OL	0	<b>38:26</b>	11:16	12:33
12	Susanne Tveterås	Sarpsborg OL	0	<b>38:32</b>	11:22	12:35
13	Turid Kamstrup Hovind	Raumar OL	0	<b>39:23</b>	12:13	12:52

# Resultatliste

## Gjerdrumsløpet 2007

17.06.2007

Class	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D15-16 3,06 KM</b>						
14	Marie Hammer Håversen	Østmarka OK	0	<b>39:43</b>	12:33	12:58
15	Elise Rivenes Hagen	Østmarka OK	0	<b>42:52</b>	15:42	14:00
16	Stine Haga Dalberg	Hadeland OL	0	<b>46:22</b>	19:12	15:09
DSQ	Vilde Dalgaard	Raumar OL	0	<b>31:34</b>		DSQ Missed 162
DSQ	Mari Bergendahl	Nydalens SK	0	<b>32:39</b>		DSQ Missed 162
DSQ	Irene Bakken	Måren OK	0	<b>46:51</b>		DSQ249 for 060
Antall	19	Påmeldte: 20	Startende: 19		Ant. poster 14	
<b>D17 3,94 KM</b>						
1	Katja Ekroll Jahren	NTNUI	0	<b>44:58</b>		11:24
2	Heidi Tronbøl	Oslostudentenes IK -	0	<b>45:52</b>	00:54	11:38
3	Berit Sofie Wiklund	Nydalens SK	0	<b>46:00</b>	01:02	11:40
4	Hege H. Feiring	Tyrving, IL	0	<b>52:50</b>	07:52	13:24
5	Marianne Bakken	Måren OK	0	<b>54:36</b>	09:38	13:51
6	Hege Hennig Rustad	Fossum IF	0	<b>59:42</b>	14:44	15:09
7	Marie Uhlen Maurset	Ås-UMB Orientering	0	<b>1:03:41</b>	18:43	16:09
8	Anne Berit Rørlien	Nydalens SK	0	<b>1:18:22</b>	33:24	19:53
Antall	8	Påmeldte: 11	Startende: 8		Ant. poster 20	
<b>D40 3,51 KM</b>						
1	Lucie Størmer	Fossum IF	0	<b>34:29</b>		09:49
2	Kjersti Hov	Fossum IF	0	<b>42:18</b>	07:49	12:03
3	Marianne Njåstein	Tyrving, IL	0	<b>44:32</b>	10:03	12:41
4	Ingrid Haga Dalberg	Hadeland OL	0	<b>44:36</b>	10:07	12:42
5	Grethe K. Løvald	Tyrving, IL	0	<b>45:15</b>	10:46	12:53
6	Gry Anita G Alnæs	Raumar OL	0	<b>47:47</b>	13:18	13:36
7	Kristin Muren	Asker SK	0	<b>48:53</b>	14:24	13:55
8	Kari Madslie	Nydalens SK	0	<b>49:42</b>	15:13	14:09
9	Anne Stine Zakariassen	Lommedalens IL	0	<b>55:44</b>	21:15	15:52
10	Merete Ruud	Krigsskolen IL	0	<b>57:28</b>	22:59	16:22
11	kristine horne	Tyrving, IL	0	<b>59:15</b>	24:46	16:52
12	Sille Winsnes	Ås-UMB Orientering	0	<b>59:27</b>	24:58	16:56
13	Pernille Schjønby	Østmarka OK	0	<b>1:00:49</b>	26:20	17:19
14	Jartrud Steinsli	Østmarka OK	0	<b>1:14:09</b>	39:40	21:07
15	Siw Solstad	Tyrving, IL	0	<b>1:18:17</b>	43:48	22:18
16	Aina Bratlie	Østmarka OK	0	<b>1:37:14</b>	1:02:45	27:42
DNF	Ingjerd Vestengen	Lillomarka OL	0			
DSQ	Alix Rosslyn Young Vik	Nydalens SK	0	<b>38:29</b>		DSQ Missed 051
Antall	18	Påmeldte: 21	Startende: 18		Ant. poster 17	
<b>D45 3,51 KM</b>						
1	Ellen Sofie Olsvik	Nydalens SK	0	<b>38:05</b>		10:50
2	Venche Bjerkreim	Fossum IF	0	<b>40:35</b>	02:30	11:33
3	Toril Hallan	Lillomarka OL	0	<b>43:42</b>	05:37	12:27
4	Ida Engen	Raumar OL	0	<b>47:01</b>	08:56	13:23
5	Gunn-Torill Hokholt	Kolbotn & Skimt OL	0	<b>48:59</b>	10:54	13:57
6	Randi Nicolaisen	Asker SK	0	<b>49:01</b>	10:56	13:57
7	Unni Rye	Asker SK	0	<b>51:12</b>	13:07	14:35
8	Frøy Grøndahl	Lillomarka OL	0	<b>51:36</b>	13:31	14:42
9	Anne Marie Åstebøl	Oppsal IF Orientering	0	<b>56:17</b>	18:12	16:02
10	Solveig Schnitler	Asker SK	0	<b>1:05:34</b>	27:29	18:40
11	Gerd Fossestøl	Nittedal OL	0	<b>1:09:02</b>	30:57	19:40
12	Toril Bergflødt Olsen	Lillomarka OL	0	<b>1:27:01</b>	48:56	24:47

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Class	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D45</b>		<b>3,51 KM</b>				
13	Unn Merete Wæge	Østmarka OK	0	<b>1:50:20</b>	1:12:15	31:26
DSQ	Unni Skoglund	Lillomarka OL	0			Missed 163
DSQ	Kristin Grøstad	Nittedal OL	0	<b>31:40</b>		DSQ250 for 050
DSQ	Lena Gottfridsson	Nittedal OL	0	<b>51:28</b>		DSQNAC No Activating
Antall	16	Påmeldte: 18	Startende: 16		Ant. poster 17	
<b>D50</b>		<b>3,06 KM</b>				
1	Ellen Turter	Nydalens SK	0	<b>33:40</b>		11:00
2	Mette Hallen	Nydalens SK	0	<b>44:55</b>	11:15	14:40
3	Kari Kamstrup Hovind	Raumar OL	0	<b>51:26</b>	17:46	16:48
4	Trish Coombs	Nydalens SK	0	<b>57:44</b>	24:04	18:52
5	Ingrid Byfuglien	Gjø-Vard OL	0	<b>1:29:54</b>	56:14	29:22
Antall	5	Påmeldte: 5	Startende: 5		Ant. poster 14	
<b>D55</b>		<b>3,06 KM</b>				
1	Birgit Korvald Skaare	Nydalens SK	0	<b>41:34</b>		13:35
2	Marit Vågsnes	Kolbotn & Skimt OL	0	<b>42:41</b>	01:07	13:56
3	Anne Marit Færden	Kolbotn & Skimt OL	0	<b>48:46</b>	07:12	15:56
4	Wenche Granlund	Odal OL	0	<b>1:08:50</b>	27:16	22:29
5	Ingeborg Bakken	Måren OK	0	<b>1:14:28</b>	32:54	24:20
Antall	5	Påmeldte: 6	Startende: 5		Ant. poster 14	
<b>D60</b>		<b>2,15 KM</b>				
1	Kari Vikerhaugen	Odal OL	0	<b>30:51</b>		14:20
2	Inger Skaug	Oppsal IF Orientering	0	<b>34:27</b>	03:36	16:01
3	Ingrid Lome-Hagman	Kolbotn & Skimt OL	0	<b>35:58</b>	05:07	16:43
4	Inger Elisabeth Kvaase	Bækkelagets SK	0	<b>38:34</b>	07:43	17:56
5	Ellen M Grande	Østmarka OK	0	<b>50:21</b>	19:30	23:25
6	Inger Lise Bjordal	Oppsal IF Orientering	0	<b>55:03</b>	24:12	25:36
Antall	6	Påmeldte: 6	Startende: 6		Ant. poster 12	
<b>D65</b>		<b>2,15 KM</b>				
1	Unni Drage	Haugerud IF	0	<b>39:40</b>		18:26
Antall	1	Påmeldte: 2	Startende: 1		Ant. poster 12	
<b>D70</b>		<b>2,15 KM</b>				
1	Astrid Bakken	Bækkelagets SK	0	<b>1:02:39</b>		29:08
Antall	1	Påmeldte: 1	Startende: 1		Ant. poster 12	
<b>D75</b>		<b>2,15 KM</b>				
1	Sonja Barlaug	Østmarka OK	0	<b>1:21:05</b>		37:42
DSQ	Birgit Treekrem	Ås IL	0	<b>1:37:16</b>		DSQ249 for 159
Antall	2	Påmeldte: 2	Startende: 2		Ant. poster 12	
<b>H11-12</b>		<b>1,88 KM</b>				
1	Jonas Madslie Bakken	Nydalens SK	0	<b>13:26</b>		07:08
2	Lars Treekrem	Ås-UMB Orientering	0	<b>15:34</b>	02:08	08:16
3	Erik Olsvik Dengerud	Nydalens SK	0	<b>16:20</b>	02:54	08:41
4	Tord Haflan	Nydalens SK	0	<b>16:31</b>	03:05	08:47

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Class	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H11-12 1,88 KM</b>						
5	Elias Pellicer Ruud	Lillomarka OL	0	<b>16:37</b>	03:11	08:50
6	Elias Mølnvik	Fossum IF	0	<b>16:58</b>	03:32	09:01
7	Sigurd Marius Melsom	Fossum IF	0	<b>17:20</b>	03:54	09:13
8	Elias Wiklund	Nydalens SK	0	<b>17:50</b>	04:24	09:29
9	Oskar Størmer	Fossum IF	0	<b>18:28</b>	05:02	09:49
10	Andreas Halkjelsvik Mjøs	Fossum IF	0	<b>18:37</b>	05:11	09:54
11	Vegard Johnson Joranger	Fossum IF	0	<b>18:42</b>	05:16	09:56
12	Henrik Eijsink	Ås-UMB Orientering	0	<b>19:16</b>	05:50	10:14
13	Esten Nicolai Wøien	Asker SK	0	<b>27:02</b>	13:36	14:22
14	Olai Stensland Lillevold	Kolbotn & Skimt OL	0	<b>27:21</b>	13:55	14:32
15	Andreas Marcussen	Asker SK	0	<b>30:48</b>	17:22	16:22
16	Odin Winsvold	Oppsal IF Orientering	0	<b>38:00</b>	24:34	20:12
Antall	16	Påmeldte: 18	Startende: 16	Ant. poster 11		
<b>H13-14 2,2 KM</b>						
1	Håvard Haga	Raumar OL	0	<b>16:55</b>		07:41
2	Anders Vister	Indre Østfold OK	0	<b>19:00</b>	02:05	08:38
3	Åsmund Wennemo	Raumar OL	0	<b>20:31</b>	03:36	09:19
4	Anders Treekrem	Ås-UMB Orientering	0	<b>21:22</b>	04:27	09:42
5	Anders Bjerggaard	Nydalens SK	0	<b>23:48</b>	06:53	10:49
6	Anders Emilsson	Oppsal IF Orientering	0	<b>24:04</b>	07:09	10:56
7	Adrian Opheim	Måren OK	0	<b>24:43</b>	07:48	11:14
8	Sindre Grøstad	Nittedal OL	0	<b>24:57</b>	08:02	11:20
9	Lars Maukon Muren	Asker SK	0	<b>25:16</b>	08:21	11:29
10	Sondre Ruud Bråten	Raumar OL	0	<b>25:25</b>	08:30	11:33
11	Harald Kalager	Asker SK	0	<b>26:42</b>	09:47	12:08
12	Lars Skantze	Tyrving, IL	0	<b>26:59</b>	10:04	12:15
13	Halvard Kværna	Østmarka OK	0	<b>28:47</b>	11:52	13:05
14	Erlend Isachsen	Asker SK	0	<b>29:46</b>	12:51	13:31
15	Håkon Njåstein	Tyrving, IL	0	<b>30:01</b>	13:06	13:38
16	Marius Borge Heir	Fossum IF	0	<b>30:41</b>	13:46	13:56
17	Borger Melsom	Fossum IF	0	<b>30:55</b>	14:00	14:03
18	Gustav Fiskum	Tyrving, IL	0	<b>30:56</b>	14:01	14:03
19	Martin Næss	Raumar OL	0	<b>31:44</b>	14:49	14:25
20	Nikolai Korvald Skaare	Nydalens SK	0	<b>32:14</b>	15:19	14:39
21	Johan Hoel	Raumar OL	0	<b>33:06</b>	16:11	15:02
22	Jørgen Horne	Tyrving, IL	0	<b>33:36</b>	16:41	15:16
23	Eirik Skoglund Godal	Lillomarka OL	0	<b>35:02</b>	18:07	15:55
24	Jørgen Stenhammer	Raumar OL	0	<b>38:38</b>	21:43	17:33
25	Erlend Skattum	Fossum IF	0	<b>42:09</b>	25:14	19:09
26	Anders Fremming	Heming/Njård OL	0	<b>54:27</b>	37:32	24:45
Antall	26	Påmeldte: 29	Startende: 26	Ant. poster 12		
<b>H15-16 3,51 KM</b>						
1	Martin Vister	Indre Østfold OK	0	<b>25:47</b>		07:20
2	Eskil Kinneberg	Raumar OL	0	<b>26:29</b>	00:42	07:32
3	Vegard Blomseth Johnsen	Ås-UMB Orientering	0	<b>30:30</b>	04:43	08:41
4	Johannes Hov Høydal	Fossum IF	0	<b>31:55</b>	06:08	09:05
5	Adam Gottfridsson	Lillomarka OL	0	<b>32:47</b>	07:00	09:20
6	Audun Høkholt	Kolbotn & Skimt OL	0	<b>32:56</b>	07:09	09:22
7	Lars Even Schei	Kolbotn & Skimt OL	0	<b>34:08</b>	08:21	09:43
8	Sindre W. Nordhagen	Ås-UMB Orientering	0	<b>34:36</b>	08:49	09:51
9	Brage Ekroll Jahren	Raumar OL	0	<b>36:00</b>	10:13	10:15
10	Martin Hallén	Nydalens SK	0	<b>36:12</b>	10:25	10:18
11	Gunnar Fiskum	Tyrving, IL	0	<b>36:29</b>	10:42	10:23

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Class	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H15-16</b>		<b>3,51 KM</b>				
12	Eivind Stenhammer	Raumar OL	0	<b>36:43</b>	10:56	10:27
13	Mathias Stensland Lillevold	Kolbotn & Skimt OL	0	<b>37:08</b>	11:21	10:34
14	Fredrik Døhl Mostad	Fossum IF	0	<b>38:06</b>	12:19	10:51
15	Torkil Eide Solstad	Tyrving, IL	0	<b>38:29</b>	12:42	10:57
16	Vegard Fredriksen	Nittedal OL	0	<b>38:54</b>	13:07	11:04
17	Marius Mathisen Søvik	Tyrving, IL	0	<b>38:59</b>	13:12	11:06
18	Kristian Sve Mollestad	Raumar OL	0	<b>39:50</b>	14:03	11:20
19	Ola Skatvedt	Raumar OL	0	<b>40:10</b>	14:23	11:26
20	Tom Erik Lundamo	Fossum IF	0	<b>41:14</b>	15:27	11:44
21	Sverre Turtur Sandvold	Nydalens SK	0	<b>42:10</b>	16:23	12:00
22	Andreas Bergundhaugen	Østmarka OK	0	<b>42:33</b>	16:46	12:07
23	Magnus Holm Nygaard	Ås-UMB Orientering	0	<b>43:25</b>	17:38	12:22
24	Fredrik Danielsen	Asker SK	0	<b>44:34</b>	18:47	12:41
25	Mats Vormeland Langgård	Fossum IF	0	<b>46:20</b>	20:33	13:12
26	Steinar Tofte Haugen	Oppsal IF Orientering	0	<b>46:31</b>	20:44	13:15
27	Andreas Stenstad	Oppsal IF Orientering	0	<b>49:04</b>	23:17	13:58
28	Hans Erik Heggem	Lillomarka OL	0	<b>1:02:35</b>	36:48	17:49
29	Jørgen Stenwig	Tyrving, IL	0	<b>1:03:51</b>	38:04	18:11
DSQ	Mats Nordbrøden	Halden SK	0	<b>36:02</b>		DSQ Missed 072
DSQ	Håkon Hjelstuen	Nydalens SK	0	<b>58:00</b>		DSQ Missed 074
DSQ	Sindre Gjerde Alnæs	Raumar OL	0	<b>1:04:23</b>		DSQ Missed 078
Antall	32	Påmeldte: 34	Startende: 32	Ant. poster 17		

<b>H17</b>		<b>4,81 KM</b>				
1	Bjørn Gulbrandsen	Asker SK	0	<b>39:08</b>		08:08
2	Bent Erik Skaug	Oppsal IF Orientering	0	<b>40:32</b>	01:24	08:25
3	Thor Mella	Østmarka OK	0	<b>40:36</b>	01:28	08:26
4	Jan Richard Eriksen	Asker SK	0	<b>40:54</b>	01:46	08:30
5	Stein Arne Alnæs	Raumar OL	0	<b>41:06</b>	01:58	08:32
6	Knut Edvard Helland	Østmarka OK	0	<b>42:36</b>	03:28	08:51
7	Lars Granum	Oppsal IF Orientering	0	<b>43:55</b>	04:47	09:07
8	Henning Røberg	Nittedal OL	0	<b>44:00</b>	04:52	09:08
9	Stig Bjørlew Dalsøren	Oslostudentenes IK -	0	<b>45:04</b>	05:56	09:22
10	Jon Arvid Fossum	Asker SK	0	<b>46:47</b>	07:39	09:43
11	Kjell Blomseth	Ås-UMB Orientering	0	<b>46:57</b>	07:49	09:45
12	Anders Grevstad	Fossum IF	0	<b>48:16</b>	09:08	10:02
13	Øyvind Steinbekken	Odal OL	0	<b>50:47</b>	11:39	10:33
14	Gunnar Engen Vik	Nydalens SK	0	<b>52:52</b>	13:44	10:59
DSQ	Hans Jevanord	Nydalens SK	0	<b>34:21</b>		DSQ249 for 072
DSQ	Morten Fismen	Nydalens SK	0	<b>41:52</b>		DSQ250 for 078
DSQ	Jan Peder Hegdal	Orkanger IF	0	<b>51:02</b>		DSQ Missed 162
DSQ	Alexander Blom	Lillomarka OL	0	<b>1:49:32</b>		DSQ Missed 074
Antall	18	Påmeldte: 21	Startende: 18	Ant. poster 23		

<b>H40</b>		<b>3,94 KM</b>				
1	Jon Iver Bakken	Nydalens SK	0	<b>33:35</b>		08:31
2	Guttorm L Egge	Oslostudentenes IK -	0	<b>37:36</b>	04:01	09:32
3	Carl Erik Wasberg	Oppsal IF Orientering	0	<b>38:52</b>	05:17	09:51
4	Rune Zakariassen	Fossum IF	0	<b>41:47</b>	08:12	10:36
5	Morten Heir	Fossum IF	0	<b>41:54</b>	08:19	10:38
6	Terje Melsom	Fossum IF	0	<b>43:02</b>	09:27	10:55
7	Erlend Råheim	Øst, OK	0	<b>43:53</b>	10:18	11:08
8	Tore Løberg	Oppsal IF Orientering	0	<b>44:14</b>	10:39	11:13
9	Trond Brevik	Fossum IF	0	<b>44:48</b>	11:13	11:22
10	Stein Mella	Østmarka OK	0	<b>49:25</b>	15:50	12:32

# Resultatliste

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Class	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H40</b>						
		<b>3,94 KM</b>				
	11	Hans Olav Krogsæter	Fossum IF	0	<b>50:19</b>	16:44 12:46
	12	Magne Knudsen	Østmarka OK	0	<b>51:58</b>	18:23 13:11
	13	Anders Flågen	Heming/Njård OL	0	<b>56:06</b>	22:31 14:14
	14	Kjetil Sverdrup-Thygeson	Østmarka OK	0	<b>56:26</b>	22:51 14:19
	15	Jan Muren	Asker SK	0	<b>1:03:19</b>	29:44 16:04
	16	SNORRE FRYDENLUND	Sturla, IF	0	<b>1:09:25</b>	35:50 17:37
DSQ		jo wiklund	Tyrving, IL	0	<b>27:58</b>	DSQ250 for 050
DSQ		Gløer Winsvold	Sentrum OK	0	<b>37:35</b>	DSQ Missed 073
Antall	18	Påmeldte: 20	Startende: 18	Ant. poster 20		
<b>H45</b>						
		<b>3,94 KM</b>				
	1	Frode Olsen	Nittedal OL	0	<b>33:17</b>	08:26
	2	Pål Stenslet	Raumar OL	0	<b>36:11</b>	02:54 09:11
	3	Terje Dengerud	Nydalens SK	0	<b>36:38</b>	03:21 09:17
	4	Arve Opheim	Måren OK	0	<b>39:07</b>	05:50 09:55
	5	Kjell Markset	Koll, IL	0	<b>39:52</b>	06:35 10:07
	6	Martin Granly	Lillomarka OL	0	<b>40:30</b>	07:13 10:16
	7	Eirik Nordhagen	Ås-UMB Orientering	0	<b>41:15</b>	07:58 10:28
	8	Lars-Erik Fiskum	Tyrving, IL	0	<b>41:29</b>	08:12 10:31
	9	Terje Bråten	Raumar OL	0	<b>41:30</b>	08:13 10:31
	10	Olav Johannessen	Kolbotn & Skimt OL	0	<b>42:17</b>	09:00 10:43
	11	Erik Bratlie	Østmarka OK	0	<b>42:45</b>	09:28 10:51
	12	Egil Eide	Tyrving, IL	0	<b>43:38</b>	10:21 11:04
	13	Torgeir Johnsen	Fossum IF	0	<b>44:01</b>	10:44 11:10
	14	Knut Engen	Raumar OL	0	<b>44:54</b>	11:37 11:23
	15	Morten Hagen	Østmarka OK	0	<b>45:38</b>	12:21 11:34
	16	Johan Matsson	Lillomarka OL	0	<b>47:01</b>	13:44 11:55
	17	Tormod Kværna	Østmarka OK	0	<b>47:29</b>	14:12 12:03
	18	Kristian Kalager	Asker SK	0	<b>48:15</b>	14:58 12:14
	19	Espen Bergh	Oppsal IF Orientering	0	<b>49:05</b>	15:48 12:27
	20	Hans Henrik Fremming	Heming/Njård OL	0	<b>49:36</b>	16:19 12:35
	21	Hallvard Berg	Tyrving, IL	0	<b>53:00</b>	19:43 13:27
	22	Truls Angell	Lillomarka OL	0	<b>1:05:25</b>	32:08 16:36
DSQ		Jørn Nordbrøden	Halden SK	0	<b>38:25</b>	DSQ Missed 071
DSQ		Jon Herud	Fossum IF	0	<b>40:50</b>	DSQ249 for 050
DSQ		Jens Olav Kløverud	Lillomarka OL	0	<b>42:04</b>	DSQ Missed 073
DSQ		Rune Helgesen	Nydalens SK	0	<b>50:26</b>	DSQ Missed 073
DSQ		Don Skantze	Tyrving, IL	0	<b>1:17:17</b>	DSQ Missed 073
Antall	27	Påmeldte: 28	Startende: 27	Ant. poster 20		
<b>H50</b>						
		<b>3,51 KM</b>				
	1	Einar Jensen	Nydalens SK	0	<b>32:11</b>	09:10
	2	Yngve Gottfridsson	Nittedal OL	0	<b>38:55</b>	06:44 11:05
	3	Alf Pettersen	Tyrving, IL	0	<b>39:50</b>	07:39 11:20
	4	Roger Coombs	Nydalens SK	0	<b>40:21</b>	08:10 11:29
	5	Magne Maurset	Ås-UMB Orientering	0	<b>42:03</b>	09:52 11:58
	6	Tron Erik Hovind	Raumar OL	0	<b>43:54</b>	11:43 12:30
	7	Jan Sveen	Raumar OL	0	<b>45:44</b>	13:33 13:01
	8	Torgeir Stenstad	Oppsal IF Orientering	0	<b>46:21</b>	14:10 13:12
	9	ketil Åstebøl	Oppsal IF Orientering	0	<b>48:28</b>	16:17 13:48
	10	Kai Byfuglien	Gjø-Vard OL	0	<b>52:58</b>	20:47 15:05
	11	Mats Rosenberg	Nittedal OL	0	<b>55:27</b>	23:16 15:47
	12	Trygve Tveterås	Fredrikstad SK	0	<b>1:05:05</b>	32:54 18:32
	13	Hans Zachariassen	Oppsal IF Orientering	0	<b>1:20:57</b>	48:46 23:03
DSQ		Petter Fure	Oppsal IF Orientering	0	<b>1:13:11</b>	DSQ249 for 163
Antall	14	Påmeldte: 16	Startende: 14	Ant. poster 17		

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Class	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H55</b>						
		<b>3,51 KM</b>				
1	Frode Sandersen	Nittedal OL	0	<b>38:34</b>		10:59
2	Olav Frode Bråten	Asker SK	0	<b>43:41</b>	05:07	12:26
3	Arne Tiltnes	Tyrving, IL	0	<b>45:22</b>	06:48	12:55
4	Dag Helland Pettersen	Nittedal OL	0	<b>50:37</b>	12:03	14:25
5	Per Øhlckers	Tyrving, IL	0	<b>57:58</b>	19:24	16:30
6	Gerald Smith	Nittedal OL	0	<b>2:00:07</b>	1:21:33	34:13
Antall	6	Påmeldte: 6	Startende: 6		Ant. poster 17	
<b>H60</b>						
		<b>3,06 KM</b>				
1	Jonny Halvorsrud	Eidskog	0	<b>36:24</b>		11:53
2	Tore Langaard	Oppsal IF Orientering	0	<b>36:52</b>	00:28	12:02
3	Roar Bjørdal	Oppsal IF Orientering	0	<b>38:20</b>	01:56	12:31
4	Hans Petter Jevanord	Hein OL	0	<b>38:34</b>	02:10	12:36
5	Jon Færden	Kolbotn & Skimt OL	0	<b>42:00</b>	05:36	13:43
6	Ole Kristian Steinbekken	Odal OL	0	<b>42:11</b>	05:47	13:47
7	Eivind Hagen	Hadeland OL	0	<b>47:01</b>	10:37	15:21
Antall	7	Påmeldte: 8	Startende: 7		Ant. poster 14	
<b>H65</b>						
		<b>3,06 KM</b>				
1	BJØRN W LUDVIGSEN	Sturla, IF	0	<b>38:57</b>		12:43
2	Egil Sletner	Dølatroll, OL	0	<b>42:07</b>	03:10	13:45
3	Bjørn Gunnerød	Asker SK	0	<b>52:32</b>	13:35	17:10
4	Terje Throndsen	Nittedal OL	0	<b>1:02:31</b>	23:34	20:25
DSQ	Steinar Ruud	Konnerud IL	0	<b>49:04</b>		DSQ Missed 060
DSQ	Kjell Saastad	Lyn Ski	0	<b>1:08:45</b>		DSQNAC No Activating
Antall	6	Påmeldte: 7	Startende: 6		Ant. poster 14	
<b>H70</b>						
		<b>2,15 KM</b>				
1	Tor Drage	Haugerud IF	0	<b>31:36</b>		14:41
2	Helge Kvase	Bækkelagets SK	0	<b>31:54</b>	00:18	14:50
3	Rolf Edvardsen	Haugerud IF	0	<b>34:11</b>	02:35	15:53
4	Kjell H. Eriksen	Fossum IF	0	<b>34:33</b>	02:57	16:04
5	Arne Chr Scheie	Østmarka OK	0	<b>35:30</b>	03:54	16:30
6	Jan Gunnar Løvli	Raumar OL	0	<b>40:13</b>	08:37	18:42
7	Sveinung Bleikvin	Asker SK	0	<b>42:30</b>	10:54	19:46
DSQ	Svein Forthun	Kolbotn & Skimt OL	0	<b>1:18:51</b>		DSQNAC No Activating
Antall	8	Påmeldte: 8	Startende: 8		Ant. poster 12	
<b>H75</b>						
		<b>2,15 KM</b>				
1	Ole Sannes	Lillomarka OL	0	<b>30:24</b>		14:08
2	Helge Monsrud	Raumar OL	0	<b>31:48</b>	01:24	14:47
3	Torstein Bjerke	Lillomarka OL	0	<b>41:01</b>	10:37	19:04
4	Dagfinn Føllesdal	Oslostudentenes IK -	0	<b>42:54</b>	12:30	19:57
5	Georg Lund	Lyn Ski	0	<b>44:41</b>	14:17	20:46
6	Thomas Røgeberg	Koll, IL	0	<b>53:09</b>	22:45	24:43
7	Eivind Stedje	Østmarka OK	0	<b>1:05:01</b>	34:37	30:14
Antall	7	Påmeldte: 7	Startende: 7		Ant. poster 12	
<b>D11-12N</b>						
		<b>1,72 KM</b>				
1	Live Garborg Zakariassen	Fossum IF	0	<b>12:54</b>		07:30
2	Karen Bjergaard	Nydalens SK	0	<b>14:00</b>	01:06	08:08

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Class	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D11-12N</b>		<b>1,72 KM</b>				
3	Christine Williksen Høiland	Fossum IF	0	<b>15:55</b>	03:01	09:15
4	Mariann Helne Rasen	Raumar OL	0	<b>15:57</b>	03:03	09:16
5	Ina Elise Helgesen	Nydalens SK	0	<b>17:00</b>	04:06	09:53
6	Marit Nersten	Fossum IF	0	<b>18:04</b>	05:10	10:30
7	Tiril Ruud Bråten	Raumar OL	0	<b>18:41</b>	05:47	10:51
8	Ida Feiring Haltia	Tyrving, IL	0	<b>19:46</b>	06:52	11:29
Antall	8	Påmeldte: 9	Startende: 8	Ant. poster 9		
<b>D17N</b>		<b>2,31 KM</b>				
1	Mailene Skjølås	Raumar OL	0	<b>20:55</b>		09:03
2	Magnhild T. Mølsvik	Fossum IF	0	<b>27:07</b>	06:12	11:44
3	Liv Simonsen	Øst, OK	0	<b>32:00</b>	11:05	13:51
4	Turid Williksen	Fossum IF	0	<b>35:05</b>	14:10	15:11
5	Monica Nordbrøden	Halden SK	0	<b>40:27</b>	19:32	17:30
Antall	5	Påmeldte: 7	Startende: 5	Ant. poster 10		
<b>D13-16C</b>		<b>2,38 KM</b>				
1	Vilde Sorkmo Borgnes	Asker SK	0	<b>31:45</b>		13:20
2	Linda Engen	Raumar OL	0	<b>38:46</b>	07:01	16:17
3	Ingrid Fossum Rye	Asker SK	0	<b>46:07</b>	14:22	19:22
4	Marit Synnøve Berg	Tyrving, IL	0	<b>49:48</b>	18:03	20:55
Antall	4	Påmeldte: 4	Startende: 4	Ant. poster 11		
<b>D17C</b>		<b>2,38 KM</b>				
1	Anne Sverdrup-Thygeson	Østmarka OK	0	<b>29:22</b>		12:20
2	Kate Haga	Raumar OL	0	<b>31:25</b>	02:03	13:12
3	Åshild Flatebakken	Tyrving, IL	0	<b>32:08</b>	02:46	13:30
4	nina Holvik	Østmarka OK	0	<b>34:20</b>	04:58	14:25
5	Kirsti Grundnes Berg	Tyrving, IL	0	<b>35:08</b>	05:46	14:45
6	Eva Rosenberg	Nittedal OL	0	<b>38:10</b>	08:48	16:02
7	Mari Warlo Melsom	Fossum IF	0	<b>38:25</b>	09:03	16:08
8	Astrid Breivik	Raumar OL	0	<b>51:15</b>	21:53	21:32
9	Tone Granlund	Odal OL	0	<b>53:02</b>	23:40	22:16
10	Ragnhild Nersten	Fossum IF	0	<b>1:35:03</b>	1:05:41	39:56
Antall	10	Påmeldte: 11	Startende: 10	Ant. poster 11		
<b>H11-12N</b>		<b>1,72 KM</b>				
1	Ola Løvald Bråten	Asker SK	0	<b>11:28</b>		06:40
2	Bjørn Andre Aasland	Fet O-lag	0	<b>11:30</b>	00:02	06:41
3	Amund Hoel	Raumar OL	0	<b>14:17</b>	02:49	08:18
4	Bjørnar Løvli	Asker SK	0	<b>16:49</b>	05:21	09:46
5	Petter Fagerhaug	Raumar OL	0	<b>17:38</b>	06:10	10:15
6	Henrik Furu	Raumar OL	0	<b>17:46</b>	06:18	10:19
7	Martin Borge Heir	Fossum IF	0	<b>18:37</b>	07:09	10:49
8	Vegard Gulbrandsen	Asker SK	0	<b>18:55</b>	07:27	10:59
9	Lars Gustav Rogne	Nittedal OL	0	<b>18:56</b>	07:28	11:00
10	Anders Johan Rogne	Nittedal OL	0	<b>22:00</b>	10:32	12:47
11	Endre Wigaard	Oppsal IF Orientering	0	<b>23:42</b>	12:14	13:46
DSQ	Oskar Grevstad	Fossum IF	0	<b>20:38</b>		DSQ Missed 148
Antall	12	Påmeldte: 12	Startende: 12	Ant. poster 9		



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Class	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H13-16N</b>		<b>2,31 KM</b>				
1	Anders Dalgaard	Raumar OL	0	<b>20:23</b>		08:49
2	Magnus Granly	Nydalens SK	0	<b>22:17</b>	01:54	09:38
3	Sveinung Nersten	Fossum IF	0	<b>36:10</b>	15:47	15:39
Antall	3	Påmeldte: 3	Startende: 3		Ant. poster 10	
<b>H17N</b>		<b>2,31 KM</b>				
1	John Olav Melby	Raumar OL	0	<b>24:31</b>		10:36
2	tor-arne simonsen	Øst, OK	0	<b>24:39</b>	00:08	10:40
3	Tor Simonsen	Øst, OK	0	<b>42:08</b>	17:37	18:14
Antall	3	Påmeldte: 3	Startende: 3		Ant. poster 10	
<b>H13-16C</b>		<b>2,38 KM</b>				
1	Sondre Olsson	Raumar OL	0	<b>25:46</b>		10:49
2	Graeme Smith	Nittedal OL	0	<b>28:30</b>	02:44	11:58
3	Henrik Krogsæter	Fossum IF	0	<b>39:04</b>	13:18	16:24
4	Anders Bjerke	Lillomarka OL	0	<b>52:22</b>	26:36	22:00
5	Theodor Blom	Nittedal OL	0	<b>1:25:07</b>	59:21	35:45
Antall	5	Påmeldte: 5	Startende: 5		Ant. poster 11	
<b>H17C</b>		<b>2,38 KM</b>				
1	Trond Frøvoll	Odal OL	0	<b>20:38</b>		08:40
2	jens-henrik simonsen	Øst, OK	0	<b>24:06</b>	03:28	10:07
3	Rudi Bergflødt Olsen	Lillomarka OL	0	<b>26:44</b>	06:06	11:13
4	Klaus Horne	Tyrving, IL	0	<b>27:41</b>	07:03	11:37
5	Martin Bråthen	Øst, OK	0	<b>30:26</b>	09:48	12:47
6	Are Njåstein	Tyrving, IL	0	<b>33:55</b>	13:17	14:15
7	Harald Moi	Østmarka OK	0	<b>37:47</b>	17:09	15:52
8	Torkjel Nesheim	Tyrving, IL	0	<b>48:28</b>	27:50	20:21
Antall	8	Påmeldte: 9	Startende: 8		Ant. poster 11	
<b>N-ÅPEN</b>		<b>1,72 KM</b>				
	Mari Rørlie	Nydalens SK	0	<b>41:18</b>		
	Are Wigaard	Oppsal IF Orientering	0	<b>18:10</b>		
	Torkel Skare	Nittedal OL	0	<b>23:27</b>		
	Viktor Synnestvedt	Raumar OL	0	<b>17:09</b>		
	William Resvoll Skaug	Oppsal IF Orientering	0	<b>46:25</b>		
	Øvind Kjeldsberg	Raumar OL	0	<b>19:07</b>		
	Martin Kjeldsberg	Raumar OL	0	<b>14:06</b>		
	Einar Johan Melsom	Fossum IF	0	<b>26:19</b>		
	Anders Haga	Raumar OL	0	<b>22:22</b>		
	Synne Nesheim Flatebakken	Tyrving, IL	0	<b>16:22</b>		
	Mari Jahren Herud	Fossum IF	0	<b>23:37</b>		
	Stine Bratlie	Østmarka OK	0	<b>27:33</b>		
	Emma Eithun Paulsen	Nittedal OL	0	<b>25:53</b>		
	Tiril Arntzen	Raumar OL	0	<b>35:59</b>		
	Mathilde Sønsterudbråten	Raumar OL	0	<b>27:22</b>		
	Synne Eide Rapp	Raumar OL	0	<b>29:58</b>		
	Bjørnar Breivik	Raumar OL	0	<b>25:55</b>		
	Anine Hallén	Nydalens SK	0	<b>16:23</b>		
	Rannveig W. Nordhagen	Ås-UMB Orientering	0	<b>17:42</b>		
	STURLA FRYDENLUND	Sturla, IF	0	<b>25:49</b>		
	Oda Eithun Paulsen	Nittedal OL	0	<b>20:04</b>		

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Class	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>N-ÅPEN 1,72 KM</b>						
829	Andreas Hammer Håversen	Østmarka OK	0	<b>33:12</b>		
	Ragne Wiklund	Nydalens SK	0	<b>25:27</b>		
	Live Skattum	Fossum IF	0	<b>38:07</b>		
	André Hellne Rasen	Raumar OL	0	<b>18:31</b>		
	Thea Feiring Haltia	Tyrving, IL	0	<b>27:42</b>		
	Morten Falstad	Raumar OL	0	<b>22:16</b>		
	henrik horne	Tyrving, IL	0	<b>29:11</b>		
	Sindre Vestengen Lian	Lillomarka OL	0	<b>31:14</b>		
	maria olsbø	Østmarka OK	0	<b>20:25</b>		
	Ingeborg Løvli	Raumar OL	0	<b>26:48</b>		
	Marie Treakrem	Ås-UMB Orientering	0	<b>20:39</b>		
	Magnus Wølneberg	Tyrving, IL	0	<b>17:29</b>		
	Eirik Vestengen Lian	Lillomarka OL	0	<b>31:01</b>		
	Stine Njåstein	Tyrving, IL	0	<b>23:08</b>		
	Henriette Furu	Raumar OL	0	<b>30:06</b>		
DSQ	Ragnar Nersten	Fossum IF	0	<b>25:48</b>		DSQ249 for 149
Antall	37	Påmeldte: 47	Startende: 38	Ant. poster 9		
<b>D17AK 3,06 KM</b>						
1	Anne-Grete Austad	Raumar OL	0	<b>39:32</b>		12:55
2	Kristin Ødemarksbakken	Raumar OL	0	<b>40:18</b>	00:46	13:10
3	Britta Fismen	Nydalens SK	0	<b>41:12</b>	01:40	13:27
4	Milda Øhickers	Tyrving, IL	0	<b>47:48</b>	08:16	15:37
5	Toril Granly	NTNUI	0	<b>49:57</b>	10:25	16:19
6	Aud Ellen Brevik	Sturla, IF	0	<b>52:28</b>	12:56	17:08
7	Anne Cathrine Ekroll	Raumar OL	0	<b>54:42</b>	15:10	17:52
Antall	7	Påmeldte: 7	Startende: 7	Ant. poster 14		
<b>H17AK 3,51 KM</b>						
1	Pål Jevanord	Trollo, OL	0	<b>42:43</b>		12:10
2	Thomas Zachariassen	Oppsal IF Orientering	0	<b>56:40</b>	13:57	16:08
Antall	2	Påmeldte: 4	Startende: 2	Ant. poster 17		
<b>D -10 1,88 KM</b>						
	Stine Madslie Bakken	Nydalens SK	0	<b>30:08</b>		
	Elin Fossum Rye	Asker SK	0	<b>28:25</b>		
	Kristin Brekke	Lillomarka OL	0	<b>26:58</b>		
	Åshild Faller Råheim	Øst, OK	0	<b>59:15</b>		
	Kristin Blindheim	Lillomarka OL	0	<b>32:08</b>		
Antall	5	Påmeldte: 5	Startende: 5	Ant. poster 11		
<b>H -10 1,88 KM</b>						
	Peter Nordbrøden	Halden SK	0	<b>26:54</b>		
Antall	1	Påmeldte: 1	Startende: 1	Ant. poster 11		